



PARK CITY SAILING ASSOCIATION

PO Box 981236, Park City, Utah 84098

www.SAILpc.org

info@ParkCitySailing.org

(435) 631-2201

Access Program – Skipper’s Test

It is important to ensure the utmost level of safety and seamanship amongst our Access Program skippers. We ask our members to help foster a quality sailing community by sailing safely and treating all boats with care. Our skippers must be competent sailors who are well prepared. Here is a checklist and outline of skills necessary for sailing our boats:

- Ability to rig and de-rig boat
- Competence to dock or moor boat safely
- Knowledge and demonstration of all points of sail
- Confidence and competence in tacking and jibing from all points of sail
- Ability to tie basic knots and understanding of when and where to use them
- Conversant with rules of the road
- Knowledge and demonstration of basic safety procedures under normal and adverse conditions

1. Safety and Preparation Tips

- Wear appropriate clothing for the conditions
- Make good decisions based upon the conditions and your skills – air temperature, water temperature, wind speed, weather forecast, comfort level with boat and sailing
 - Be weather conscious (Mtn. weather, forecast, wind, sudden onset of wind, lightning)
 - Be wind conscious (shifts, puffs, steady increase, micro-bursts)
- Share a float plan
- If it’s super windy, perhaps the day is not a great day to go for a sail – more wind, more breakages and injuries
- Consider your fellow crew – little kids and older adults may be more susceptible to bad weather than you

2. Sailboat Basics

- Basic understanding of parts of the boat and how they work
- Rigging/Derigging sloop rigged boat
- Getting Underway
 - Boarding
 - Casting off

3. Sailing

- Getting in and out of “Irons”
- Sail a rectangular course demonstrating appropriate sail trim on different points of sail
- Control and mastery of the helm, execute tacks and jibes



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- Depowering the sails and safety position
- Stopping the boat, controlled landings at dock and mooring ball\
- Basic understanding of navigational aids and right of way (buoys & markers, rules of road)

4. General Seamanship and “Ship Shape” Routine

- Basic knots necessary for tying up boats properly and for rigging (bowline, square, cleat)
- Flaking and furling sails, stowing things properly, coiling lines, secure boom with main sheet, Sail cover usage
- Proper use of dock lines and fenders at dock
- Tie dinghy up to stern while rigging to avoid scuff marks (same for powerboats)
- Help to keep the boats clean - avoid using dirty footwear or shoes with black soles (bucket, brush and soap on boat to help clean deck)
- Life Jackets - Make sure there are enough personal floatation devices (PFD’s) onboard for all passengers. Boats are all provisioned with 4 PFD’s. However, you are responsible for ensuring all sailors on board have PFD’s.
- Stow sail cover and other gear neatly below deck on shelf (not on floor)
- Avoid wild jibes while sailing, booms and universals are known to break

5. What to do if something is broken or breaks?

- 1) Attempt to fix the issue – permanently (correctly) or temporarily
- 2) Communicate with Park City Sailing regarding the breakage
 - a. Email Access@ParkCitySailing.org with info about the breakdown
 - b. Call Scott VerMerris at (216) 401-2351
 - c. Leave a message on the Park City Sailing Voicemail at (435) 631-2202, Option 1
- 3) Communicate with the next user on the calendar – their phone number should be viewable in <https://SailPC.Skedda.com>

6. Emergencies

- **911 Emergency Number** – will dispatch State Park Rangers, Ambulance, Fire, etc.
- VHF Channel 16 and (435) 649-9540- Non-Emergency Number – Main office for Jordanelle State Park, can dispatch State Park Rangers, Ambulance, Fire, etc.
- (435) 654-1411 Non-Emergency – Wasatch County Dispatch, where 911 is routed, can dispatch State Park Rangers, Ambulance, Fire, etc. Always manned and good back-up if no answer at the main office.
- VHF Channel 68 Operating channel on VHF for Park City Sailing